

# Long term ideas

## SPX

- On the yearly, price back at the 20 SMA is a great opportunity to buy

## crypto

- low interest rates
- increasing pmi
- increasing liquidity (US GLI)

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Revision #2

Created 2 February 2026 08:23:18 by Conor

Updated 22 May 2026 23:47:17 by Conor